

ZEEA'S

EATERY

BRUNCH

EGGS YOUR WAY // 2 free range RSPCA approved fried, poached or scrambled eggs on toasted ciabatta + your extras: **14**

+ Extra Egg 3 + Avocado 5 + Hashbrown (2) 4
+ Crispy Bacon 6 + Spinach 4 + Tomato 4
+ Italian Sausage 6 + Mushrooms 4 + Hollandaise 3
+ Haloumi 6

SMASHED AVOCADO // Seeded sourdough, smashed avocado, 2 free range RSPCA approved poached eggs, cherry tomatoes, crumbled fetta, dukkha, olive oil and lemon **23**

BREAKFAST BRUSCHETTA // Toasted ciabatta with caramelised onion, 2 free range RSPCA approved poached eggs, grilled tomato and crispy bacon topped with rocket, balsamic glaze and shaved parmesan **23**

PULLED PORK BENNY // Toasted ciabatta with house made chipotle pulled pork, 2 free range RSPCA approved poached eggs, hollandaise and thinly sliced julienne apple *Pulled pork can be substituted for bacon or haloumi* **23**

OMELETTE // Build your own free range egg omelette with your choice of additions, served with two slices of ciabatta **16**

+ Cheese 1 + Mushrooms 1
+ Cherry Tomatoes 1 + Roasted Capsicum 1
+ Onion 1 + Ham 3
+ Spinach 1 + Bacon 3

VEGETARIAN BRUSCHETTA // Toasted ciabatta with tomato relish, roasted mushrooms, roasted capsicum, pumpkin, red onion and brie topped with 2 free range RSPCA approved poached eggs **22**

BREAKFAST TOSTADAS // 2 Tostadas with tomato chutney, smashed avocado, sliced tomato, red onion, bacon and cheese with 2 free range RSPCA approved sunny side up eggs **23**

NONNA'S SPECIAL // Nap sauce, cherry tomatoes, capsicum, pumpkin, red onion, oregano, bocconcini and 2 free range RSPCA approved poached eggs in a pan with a side of seeded sourdough **22**

SOUTHERN FRIED CHICKEN WAFFLE // Waffle topped with house made Southern fried chicken, crispy bacon, maple and sriracha **24**

BERRY WAFFLES // Double waffle stack topped with fresh berries, mascarpone and maple syrup **22**

FUEL ME UP BURGER // Toasted milk bun with a fried egg, crispy bacon, hashbrown, double cheese and BBQ sauce **17**

HAND HELDS

RUBEN // Corned beef, cheese, sauerkraut, sweet mustard pickle and relish mayo on a toasted seeded sourdough sandwich **16**

CHICKEN // Grilled chicken, tomato, avocado, lettuce, mozzarella and relish mayo on focaccia **16**

OG TURKEY // Smoked turkey, cranberry, roasted capsicum, camembert and baby spinach wrap **16**

VEGO // Roasted pumpkin, roasted capsicum, grilled eggplant, fetta, wild rocket and basil pesto on focaccia **16**

BLAT // Bacon, lettuce, avocado, tomato and mayo on focaccia **16**

TURKEY ITALIANO // Smoked turkey, sundried tomato, bocconcini, wild rocket and basil pesto on focaccia **16**

MAINS

MICKY C'S BURGER // Beef patty, cheese, tomato, lettuce, pickled onions, gherkins and tomato relish on a milk bun served with hot potato chips **21**

SOUTHERN FRIED CHICKEN BURGER // Southern fried chicken, double cheese, tomato, pickle, shredded lettuce and mayo on a milk bun served with hot potato chips **22**

FISH AND CHIPS // House battered or grilled fish served with hot chips, garden salad, lemon and tartare **25**

CHICKEN PARMI // Crumbed chicken breast, ham, mozzarella, tomato sugo, chips and garden salad **25**

RIGATONI RAGU // Rigatoni pasta in tomato sugo with braised tender beef topped with shaved parmesan **21**

WILD MUSHROOM RISOTTO // Risotto, mixed mushrooms, garlic, parsley and fetta topped with parmesan cheese + Chicken 4 **22**

SALADS

ROAST VEGGIE SALAD // Baby spinach, roasted pumpkin, roasted capsicum, roasted eggplant, roasted beetroot and fetta with a basil pesto dressing **18**
+ Chicken 5
+ Haloumi 6

CAESAR SALAD // Grilled chicken, cos lettuce, crispy bacon, poached egg and croutons with a mayo dressing + Anchovies 2 **21**

TROPICAL SALAD // Mixed leaf salad, grilled chicken, orange, red onion, chery tomato and pomegranate molasses **21**

SIDES

BOWL OF CHIPS **9**

BOWL OF WEDGES **11**

GARDEN SALAD **11**

FRESH COLD PRESSED JUICE

ORANGE OR APPLE

TROPICALE // Strawberry, pineapple and watermelon

REFRESH // Orange, apple, carrot, ginger and lemon

GREEN LEMONADE // Apple, cucumber, kale, spinach and lemon

FOR CUSTOM JUICES PLEASE ASK OUR FRIENDLY TEAM!

SMOOTHIES

BANANA // Banana, vanilla gelato, natural yoghurt and honey

BERRY NICE // Mixed berries, banana, natural yoghurt and honey

PROTEIN CHOC PEANUT // Natural peanut butter, plant-based choc protein (V) maple syrup and banana

FRAPPES & SHAKES

SMALL 6 // LARGE 9

PICK YOUR FLAVOUR – chocolate / banana / caramel / strawberry / lime / vanilla / coffee / mocha

MAKE IT A THICKSHAKE! +1

ICED COFFEE // Vanilla gelato, double espresso, vanilla syrup and tweedvale full cream milk

ICED CHOCOLATE // Vanilla gelato, chocolate powder, chocolate sauce, and tweedvale full cream milk

Add cream +1

ALTERNATIVE MILKS + 50c

Almond / Oat / Lactose Free / Soy / Coconut / Macadamia

COLD DRINKS

SOFT DRINKS

- Coke
- Coke No Sugar
- Fanta
- Sprite
- Ginger Beer

FAMOUS SUGAR FREE SODAS

- Pink Lemonade
- Passionfruit
- Blood Orange
- Lemon

SPARKLING WATER – Small 5.5 – Large 6.5

HOT DRINKS

7 Espresso 4.2

10 Macchiato 4.6

10 Piccolo 4.6

10 Cappuccino / Latte / Flat White / Long Black / Hot Choc

Small / 5 Medium / 6 Large / 6.5

Mocha

Small / 6 Medium / 6.5 Large / 7

12 Turmeric Latte / Matcha Latte

Small / 6 Medium / 6.5 Large / 7

12 Vegan Hot Chocolate

Small / 6 Medium / 6.5 Large / 7

12 ALTERNATIVE MILKS + 50c

- Almond
- Soy
- Oat
- Coconut
- Lactose Free
- Macadamia

TEA

TEA TONIC LOOSE LEAF TEA

AUSTRALIA'S HEALTHIEST ORGANIC TEA

10 • English Breakfast

• French Earl Grey

10 • Green Tea

• Chai

• Peppermint

• Chamomile

• Apple Tree Tea

• Coconut

POT FOR 1 – 5.5

5.5

KIDS MENU

BACON & EGG // 1 free range RSPCA approved egg your 11
with bacon and ciabatta

6 KIDS WAFFLE // Waffle served with maple syrup and fresh 13
berries

KIDS SMASHED AVO // Seeded sourdough with smashed 14
avo, cherry tomatoes and olive oil

KIDS NUGGETS AND CHIPS // Served with tomato sauce 14

KIDS FISH AND CHIPS // Served with tomato sauce 15

KIDS SCHNITZEL AND CHIPS // Served with tomato sauce 14